

# T E A C H I N G S

\***T**RUST IN GOD'S GOODNESS AND GOD'S CONSTANT PRESENCE AS COMPLETELY AS LITTLE CHILDREN TRUST AND RELY ON LOVING PARENTS. \***B**E OPEN TO UNEXPECTED CIRCUMSTANCES AND REMEMBER THAT THEREIN LIES THE PATH OF GOD. \***A**CCCEPT ALL EXPERIENCES AS OPPORTUNITIES FOR SPIRITUAL GROWTH, DO NOT JUDGE THEM AS GOOD OR BAD. \***L**IVE IN THE PRESENT MOMENT, UNDISTRACTED BY THOUGHTS ABOUT THE PAST OR FUTURE. \***B**E OBSERVANT; SEE EACH SITUATION WITH DETACHED AWARENESS, WITHOUT JUDGMENT OR PRECONCEPTIONS, AND RESPOND TO EACH SITUATION IN AN OBVIOUS AND PRACTICAL WAY. \***A**CCCEPT OTHER PEOPLE AS THEY ARE. DO NOT JUDGE THEM AS DESERVING OR UNDESERVING, AS FRIEND OR FOE, OR BY THEIR PAST OR BY THEIR FUTURE. \***F**OCUS ON RELATIONSHIPS; TAKE THE INITIATIVE TO ESTABLISH AND MAINTAIN GOOD RELATIONSHIPS WITH EVERYONE YOU MEET. \***A**SSIST OTHERS WITH WHATEVER ASSISTANCE THEY NEED, TO THE FULLEST EXTENT THAT YOU CAN, WITHOUT EXPECTING ANYTHING IN RETURN. \***A**SSIST OTHERS WITHOUT BEING CONCERNED ABOUT THE CONSEQUENCES FOR YOURSELF AND WITHOUT BEING CONCERNED WITH THE RESULTS. \***B**E GENEROUS WITH YOUR TIME, KNOWLEDGE AND MONEY; DO MORE THAN MIGHT REASONABLY BE EXPECTED. \***E**NJOY AND CELEBRATE LIFE.